

Anamosa CO-ED - 4/23/2019

Anamosa High School
Results - Raider Co-ed**Girls 100 Meter Dash**

Co-ed: 12.93 * 4/25/2017 Olivia Nebergall

Name	School	Finals
Finals		
1	Ella Wischmeyer	Mt Vernon 13.09
2	Macy Daufeldt	West Liberty 13.44
3	Leah Holub	Monticello 13.54
4	Grace Lubben	Anamosa 13.86
5	Alexis Hearn	Independence 14.22
6	Andrea Wachendorf	North Cedar 14.23
7	Kassidie Galloway	North Cedar 14.26
8	Allie jo Zieser	Independence 14.28
9	Emereson Whittenbaugh	Maquoketa Va 14.33
10	Eve Wedewer	West Delawar 14.41
11	Sidney Heimes	Starmont 14.45
12	Galaxy Hopkins	North Linn 14.53
13	Mikaila Neuzil	West Delawar 14.60
14	Jordan Norton	Monticello 14.65
15	Claire Wade	North Linn 14.72
16	Jessie Frasher	Anamosa 14.77
17	Ella Imler	Maquoketa Va 14.89
18	Brennah Ricketts	Midland 15.13
19	Celia Powell	Starmont 15.34
20	Ana Laura	Easton Valle 15.59
21	Elisa Manganotto	Midland 15.94
22	Shannon Beck	Mt Vernon 15.96
23	Isabel Iglesias	Easton Valle 16.28

Girls 200 Meter Dash

Co-ed: 25.98 * 4/25/2017 Olivia Nebergall

Name	School	Finals
Finals		
1	Olivia Nebergall	Anamosa 26.72
2	Sam Wall	Maquoketa Va 27.10
3	Cassie Cox	North Cedar 27.23
4	Madison Larson	Independence 27.44
5	Macy Wilhelm	Easton Valle 27.70
6	Alyssa Larson	Independence 27.89
7	Annie Rhomberg	Mt Vernon 28.46
8	Sydney Stoll	Easton Valle 28.80
9	Ella Rupp	Midland 29.42
10	Ellen Carow	West Liberty 30.03
11	Chloe VanEtten	North Linn 30.48
12	Jaci Bries	West Delawar 30.79
13	Haley Hellman	West Delawar 30.84
14	Ella Imler	Maquoketa Va 30.95
15	Skyleigh Husmann	Monticello 31.03
16	Raquel Rosburg	Starmont 31.05
17	Lauren Bader	Monticello 31.09
18	Claire Wade	North Linn 31.21
19	Ari Hacke	Midland 31.24
20	Sam Koth	North Cedar 31.29
21	Madison McIntosh	West Liberty 33.47
22	Natalie Genkinger	Starmont 36.28

Girls 400 Meter Dash

Co-ed: 1:00.88 * 4/24/2018 Kaylee Hosch

Name	School	Finals
Finals		
1	Corinne Gadiant	Anamosa 1:00.86*
2	Kaylee Hosch	Independence 1:01.32
3	Drew Jensen	Midland 1:01.69
4	Cassie Cox	North Cedar 1:01.77
5	Gabby Gadiant	Anamosa 1:03.46
6	Makayla Gasper	West Delawar 1:05.51
7	Isabel Morrison	West Liberty 1:07.16
8	Lydia Recker	Monticello 1:08.77
9	Kiley Chapman	North Cedar 1:09.07
10	Jaci Bries	West Delawar 1:09.32
11	Claire Wade	North Linn 1:10.30
12	Shannon Beck	Mt Vernon 1:14.56
13	Jordan Hogan	Maquoketa Va 1:16.13
14	Kendall Ruden	Monticello 1:17.38
15	Marissa Swales	Starmont 1:22.59
16	Maddie Toulouse	Independence 1:26.63

Girls 800 Meter Run

Co-ed: 2:19.44 * 4/24/2018 Corinne Gadiant

Name	School	Finals
Finals		
1	Corinne Gadiant	Anamosa 2:29.35
2	Aubrey Frey	Mt Vernon 2:30.53
3	Ava Claussen-Tubbs	Anamosa 2:31.72
4	Jorie Randall	Mt Vernon 2:34.14
5	Piper Hansen	Monticello 2:39.16
6	Kaitlyn Sommerfelt	North Linn 2:40.22
7	Kyla Bildstein	North Linn 2:41.04
8	Jaysie Woods	Easton Valle 2:41.28
9	Jadyn Schultz	Independence 2:43.79
10	Rhyan Hoefler	North Cedar 2:45.33
11	Brigid McMahan	West Delawar 2:46.05
12	Jaiden Porter	Maquoketa Va 2:48.97
13	Jadyn Werner	West Delawar 2:49.29
14	Chiara Dusaneck	Midland 2:49.95
15	Mya Vaske	Starmont 2:50.03
16	Allie Knipper	Maquoketa Va 2:51.86
17	Mackenzie Curtis	Starmont 2:52.15
18	Maddie Stadtmueller	Monticello 2:57.76
19	Mylei Henderson	West Liberty 2:58.26
20	Liviah Johnson	Easton Valle 3:03.18
21	Maise Paulsen	Midland 3:04.96
22	Ashlyn Martin	Independence 3:14.08
23	Karly Cerda	North Cedar 3:28.13

Girls 1500 Meter Run

Co-ed: 4:57.87 * 4/24/2018 Paige Holub

Name	School	Finals
Finals		
1	Kayla Folkers	Midland 5:17.85
2	Jimena Fierro	West Liberty 5:18.23

Anamosa CO-ED - 4/23/2019

Anamosa High School
Results - Raider Co-ed

Finals ... (Girls 1500 Meter Run)

Name	School	Finals
3 Kiley Chapman	North Cedar	5:19.87
4 Tessa Helms	North Linn	5:27.72
5 Karle Kramer	Monticello	5:30.47
6 Abby Fairbanks	Anamosa	5:34.83
7 Maddy Heims	Anamosa	5:35.73
7 Emma Doyl	Maquoketa Va	5:35.73
9 Makenzie Plagman	Starmont	5:41.83
10 Caroline See	Mt Vernon	5:59.14
11 Carissa Sabers	Maquoketa Va	6:16.99
12 Shay Whitman	Independence	6:17.18
13 Annika Sutter	West Delawar	6:19.61
14 Garazi Iterbe	Independence	6:25.15
15 Olivia Syemke	West Delawar	6:28.16
16 Emi Feller	Easton Valle	6:31.33
17 Faith Hansen	Monticello	6:31.55

Girls 3000 Meter Run

Co-ed: 11:40.09 * 4/25/2017 Emma Duncan

Name	School	Finals
1 Kiley Chapman	North Cedar	11:42.71
2 Triniti Etzel	Monticello	12:20.13
3 Alice Conroy	Mt Vernon	12:21.85
4 Maddy Heims	Anamosa	12:33.09
5 Tessa Helms	North Linn	12:55.53
6 Makenzie Plagman	Starmont	13:23.81
7 Emma Dales	Anamosa	13:43.23
8 Olivia Syemke	West Delawar	13:48.66
9 Shay Whitman	Independence	14:08.31
10 Annika Sutter	West Delawar	14:11.02
11 Avery Lamphier	Starmont	14:49.20

Girls 100 Meter Hurdles

Co-ed: 15.85 * 4/25/2017 Catherine Yeoman

Name	School	Finals
1 Kelly Proesch	North Cedar	15.92
2 Annie Rhomberg	Mt Vernon	16.67
3 Lauren Ryan	Mt Vernon	17.03
4 Sarah Driscoll	Easton Valle	17.85
5 Gabrielle Guilford	Monticello	17.87
6 Desarae Letts	North Linn	18.40
7 Kyra Lange	North Cedar	18.52
8 Peyton Carlson	West Delawar	18.57
9 Anna Werner	West Delawar	18.70
10 Kailyn Hogan	Maquoketa Va	18.73
11 Kalyn McTaggart	Starmont	18.83
12 Emma Hynick	Monticello	18.85
13 Ella Ries	North Linn	19.09
14 Alison Trimble	Independence	19.49
15 Kendra Hillers	Maquoketa Va	19.71
16 Sarah Pech	Starmont	19.80
17 Jordyn Erickson	Anamosa	19.98
18 Autumn Kirby	Anamosa	20.75

19 Hally Rittmer	Easton Valle	20.92
20 Lauryn Eganhouse	Midland	21.47

Girls 400 Meter Hurdles

Co-ed: 1:10.59 * 4/24/2018 Annie Leopold

Name	School	Finals
1 Maggie McQuillen	Anamosa	1:08.34*
2 Kelly Proesch	North Cedar	1:09.72*
3 Nadia Telecky	Mt Vernon	1:12.61
4 Natalie Welch	Mt Vernon	1:12.65
5 Tori McDonald	Monticello	1:16.93
6 Sarah Driscoll	Easton Valle	1:17.19
7 Anna Werner	West Delawar	1:18.45
8 Juliette Weber	West Delawar	1:19.18
9 Jerilyn Fedeler	Starmont	1:19.69
10 Alison Trimble	Independence	1:19.97
11 Sarah Pech	Starmont	1:21.96
12 Janey Gingerich	West Liberty	1:25.53
13 Kendra Hillers	Maquoketa Va	1:27.37

Girls 4x100 Meter Relay

Co-ed: 52.08 * 4/24/2018 Monticello

G Guilford, M Lambert, K Stephen, A Loes

Team	Relay	Finals
1 Mt Vernon	A	53.05
2 North Cedar	A	53.21
3 Maquoketa Valley	A	53.81
4 Independence	A	53.82
5 Monticello	A	53.88
6 North Linn	A	54.06
7 West Liberty	A	54.85
8 Midland	A	54.96
9 Maquoketa Valley	B	x55.72
10 Anamosa	A	55.74
11 Easton Valley	A	56.28
12 Mt Vernon	B	x56.56
13 Monticello	B	x57.33
14 West Delaware	A	57.68
15 Starmont	A	57.92
16 Independence	B	x58.23
17 North Cedar	B	x59.60
18 Anamosa	B	x1:00.10
19 West Delaware	B	x1:00.26
20 Midland	B	x1:00.26
21 North Linn	B	x1:01.48
22 Starmont	B	x1:04.76

Girls 4x100.25 Meter Relay Throwers 4x1

Team	Relay	Finals
1 Midland	A	1:02.05
2 Anamosa	A	1:03.48
3 West Liberty	A	1:03.56
4 West Delaware	A	1:03.91

Anamosa CO-ED - 4/23/2019

Anamosa High School
Results - Raider Co-ed**Girls 4x200 Meter Relay**

Co-ed: 1:51.34 * 4/24/2018 mount vernon

E Wischmeyer, C Yeoman, R Light, A Rhomberg

Team	Relay	Finals	
Finals			
1	Independence	A	1:51.11*
2	Maquoketa Valley	A	1:52.82
3	North Linn	A	1:54.54
4	Mt Vernon	A	1:55.02
5	West Delaware	A	1:55.37
6	Starmont	A	1:59.10
7	Easton Valley	A	1:59.22
8	Anamosa	A	2:00.52
9	North Cedar	A	2:00.85
10	West Liberty	A	2:01.49
11	Monticello	A	2:03.01
12	Mt Vernon	B	x2:03.01
13	Monticello	B	x2:04.28
14	Maquoketa Valley	B	x2:04.94
15	Independence	B	x2:06.92
16	Anamosa	B	x2:08.57
17	Midland	A	2:08.65
18	Easton Valley	B	x2:10.26
19	North Linn	B	x2:13.61
20	Starmont	B	x2:17.43

Girls 4x400 Meter Relay

Co-ed: 4:05.83 * 4/25/2017 North Cedar

M Jesuit, C Cox, T Fields, G Proesch

Team	Relay	Finals	
Finals			
1	Independence	A	4:07.72
2	Anamosa	A	4:12.90
3	Mt Vernon	A	4:18.32
4	Maquoketa Valley	A	4:21.73
5	North Linn	A	4:24.35
6	Monticello	A	4:31.23
7	West Delaware	A	4:32.96
8	Independence	B	x4:38.40
9	West Delaware	B	x4:51.15
10	West Liberty	A	4:55.13
11	Monticello	B	x5:04.70
12	Starmont	A	5:07.71
13	Starmont	B	x5:28.61

Girls 4x800 Meter Relay

Co-ed: 9:44.78 * 4/25/2017 Monticello

T McDonald, P Holub, J Patterson, C Gadiant

Team	Relay	Finals	
Finals			
1	Mt Vernon	A	10:07.21
2	Independence	A	10:13.12
3	Anamosa	A	10:25.65
4	Monticello	A	10:39.75
5	Maquoketa Valley	A	11:33.18

6	Starmont	A	11:59.94
7	West Delaware	A	12:10.66
8	Easton Valley	A	12:13.52
9	Monticello	B	x12:20.11

Girls 800 Sprint Medley

Co-ed: 1:51.66 * 4/25/2017 North Cedar

B Wilhau, M Jesuit, C Cox, G Proesch

Team	Relay	Finals	
Finals			
1	Independence	A	1:53.17
2	Anamosa	A	1:53.99
3	North Cedar	A	1:55.61
4	North Linn	A	1:56.42
5	Easton Valley	A	1:58.23
6	West Delaware	A	1:59.35
7	Mt Vernon	A	1:59.56
8	Maquoketa Valley	A	2:02.56
9	Mt Vernon	B	x2:03.32
10	Midland	A	2:03.87
11	Monticello	A	2:04.48
12	Starmont	A	2:08.26
13	Independence	B	x2:10.51
14	North Cedar	B	x2:11.50
15	North Linn	B	x2:13.90
16	Monticello	B	x2:17.42
17	Maquoketa Valley	B	x2:18.05
18	West Delaware	B	x2:19.96
19	Easton Valley	B	x2:22.35
20	Starmont	B	x2:28.60

Girls Distance Medley

Co-ed: 4:17.96 * 4/25/2017 North Cedar

D Hawtrey, M Jesuit, G Proesch, C Cox

Team	Relay	Finals	
Finals			
1	North Linn	A	4:28.70
2	Anamosa	A	4:29.17
3	Easton Valley	A	4:39.62
4	Midland	A	4:41.82
5	West Liberty	A	4:43.88
6	Maquoketa Valley	A	4:47.93
7	Starmont	A	4:53.40
8	Mt Vernon	A	4:54.26
9	West Delaware	A	4:56.45
10	Independence	A	4:59.91
11	Monticello	A	5:02.84

Girls 4x100 Meter Shuttle Hurdle

Co-ed: 1:06.05 * 4/24/2018 mount vernon

A Leopold, A Rhomberg, L Ryan, C Yeoman

Team	Relay	Finals	
Finals			
1	Mt Vernon	A	1:09.32
2	North Linn	A	1:11.03
3	West Delaware	A	1:13.22

Anamosa CO-ED - 4/23/2019

Anamosa High School
Results - Raider Co-ed

Finals ... (Girls 4x100 Meter Shuttle Hurdle)

Team	Relay	Finals
4 West Delaware	B	x1:17.67
5 Maquoketa Valley	A	1:19.20
6 Easton Valley	A	1:19.49
7 Anamosa	A	1:23.23

Girls High Jump

Co-ed: 5-04 * 4/25/2017 Olivia Nebergall

Name	School	Finals
Finals		
1 Olivia Nebergall	Anamosa	5-05.00*
2 Gabrielle Guilford	Monticello	5-04.00*
3 Maddi Klemme	Easton Valle	5-01.00
4 Lainie Butters	Independence	4-10.00
5 Aubrie Pruess	North Cedar	4-08.00
6 Sarah Pech	Starmont	4-06.00
6 Brigid McMahon	West Delawar	4-06.00
6 Natalie Welch	Mt Vernon	4-06.00
9 Haley Hellman	West Delawar	4-04.00
9 Payton Beaman	Maquoketa Va	4-04.00
--- Baylee Pullen	North Cedar	NH
--- Jordan Hogan	Maquoketa Va	NH

Girls Long Jump

Co-ed: 16-09.50 * 4/24/2018 Kaylee Hosch

Name	School	Finals
Finals		
1 Ella Wischmeyer	Mt Vernon	16-00.50
2 Gabby Gadiant	Anamosa	15-06.25
3 Averi Goodale	West Liberty	15-03.00
4 Natalie Gallery	North Linn	14-02.75
5 Taya Tucker	Maquoketa Va	14-01.75
6 Starr Kirk	Anamosa	13-10.75
7 Renee Hartung	Easton Valle	13-08.25
8 Emma Himmelreich	Easton Valle	13-07.00
9 Chloe VanEtten	North Linn	13-06.00
10 Leah Holub	Monticello	13-03.50
10 Laney Demmer	West Delawar	13-03.50
12 Sydney Dennis	North Cedar	13-01.75
13 Emma Richter	Maquoketa Va	12-08.25
14 Hannah Bruno	North Cedar	12-00.25
15 Maddie Plotz	Mt Vernon	11-05.50
16 Elisa Manganotto	Midland	10-05.25

Girls Shot Put

Co-ed: 40-04.50 * 4/24/2018 Jade Hard

Name	School	Finals
Finals		
1 Vanessa Hamlett	Starmont	38-11.50
2 Lily Meester	Mt Vernon	36-09.00
3 Payton Jaeger	Monticello	35-08.00
4 Shelby Mackey	North Linn	35-00.00
5 Kenzie Ketchum	Mt Vernon	34-04.50
6 Nicole Sander	North Cedar	34-04.00
7 Lydia Helle	Maquoketa Va	34-00.00

8 Alexa Bright	Anamosa	33-04.50
9 Calli Beck	Easton Valle	32-00.50
10 Kelsey Scofield	Anamosa	31-07.00
11 Madison Shontz	West Delawar	31-05.00
12 Sophie Wolf	Independence	30-09.00
13 Janey Gingerich	West Liberty	29-10.00
14 Kylee Ready	Easton Valle	28-08.50
15 Victoria Harris	West Delawar	28-07.00
16 Alexis Hearn	Independence	28-06.00
17 Hannah Lahr	Maquoketa Va	28-01.00
18 Emma Ries	North Linn	27-05.50
19 Regan Parkin	Starmont	26-06.00
20 Kaeti Taylor-Mere	Midland	26-03.50
21 Bri Burmahl	Monticello	24-09.50
22 Grace Evans	West Liberty	23-01.50

Girls Discus Throw

Co-ed: 123-04 * 4/24/2018 Lily Meester

Name	School	Finals
Finals		
1 Lily Meester	Mt Vernon	132-01*
2 Lilly Meyer	West Delawar	106-02
3 Callie Meyer	North Cedar	100-03.50
4 Vanessa Hamlett	Starmont	99-11.50
5 Abby Green	Easton Valle	99-08
6 Kelsey Scofield	Anamosa	99-03
7 Shelby Mackey	North Linn	98-05
8 Nicole Sander	North Cedar	97-09.50
9 Lydia Helle	Maquoketa Va	97-07.50
10 Sydney Hearn	Independence	95-07
11 Maddy Cavalier	North Linn	92-03
12 Kenzie Fischels	Independence	91-10
13 Bri Burmahl	Monticello	91-06.50
14 Payton Jaeger	Monticello	85-02.50
15 Alexa Bright	Anamosa	84-00.50
16 Mylei Henderson	West Liberty	81-06
17 Regan Parkin	Starmont	81-01
18 Kaeti Taylor-Mere	Midland	74-04
19 Ballie Uppena	Midland	73-11.50
20 Hannah Lahr	Maquoketa Va	71-11.50
21 Carla Gomez	West Delawar	69-08.50
22 Hally Rittmer	Easton Valle	67-03.50
23 Grace Evans	West Liberty	65-04

Boys 100 Meter Dash

Co-ed: 11.06 * 4/25/2017 Terry Harris

Name	School	Finals
Finals		
1 Isaac Rohret	Independence	11.35
2 Elmir Ganibegovic	Mid-Prairie	11.54
3 Ben Houselog	Iowa City Li	11.75
4 Cade Jargo	Easton Valle	11.81
5 Kolton Murphy	Easton Valle	11.85
6 Nolan McLean	Anamosa	11.93
7 Marcus Beatty	Independence	11.98
8 Jacob Adam	Iowa City Li	12.13

Anamosa CO-ED - 4/23/2019

Anamosa High School
Results - Raider Co-ed

Finals ... (Boys 100 Meter Dash)

Name	School	Finals
9 Ky Kaufmann	Anamosa	12.15
10 Austin Hilmer	North Linn	12.30
11 Rylan Cooper	Monticello	12.31
12 Dawson Sanderson	North Linn	12.38
13 Jaruthat Dervo	Mt Vernon	12.79
14 Issac Boucher	Mid-Prairie	13.36
15 Andrew Ransford	Central DeWi	13.42
16 Kaden Walrod	Central DeWi	13.55
17 Chaz McClendon	Monticello	15.42

Boys 200 Meter Dash

Co-ed: 22.81 * 4/25/2017 Terry Harris

Name	School	Finals
1 Isaac Rohret	Independence	23.63
2 Kelby Telander	Iowa City Li	24.06
3 Logan Schmitt	Independence	24.26
4 Evan Chandler	Iowa City Li	24.39
4 Nolan McLean	Anamosa	24.39
6 Nelson Rhomberg	Mt Vernon	24.70
7 Clarke Latchem	Mid-Prairie	24.82
8 Aidan Gruver	Easton Valle	24.99
9 Caleb Thomas	Mid-Prairie	25.05
10 Parker Bechen	North Linn	25.07
11 Jon Mootz	Monticello	25.15
12 Beau Manatt	Central DeWi	25.48
13 Noah White	Mt Vernon	25.52
14 Ky Kaufmann	Anamosa	25.54
15 Nate Trenkamp	Easton Valle	26.34
16 Cade Shaw	Central DeWi	26.88
17 Austin West	North Linn	27.39
18 Chaz McClendon	Monticello	31.87

Boys 400 Meter Dash

Co-ed: 51.15 * 4/24/2018 Coy Martin

Name	School	Finals
1 Elmir Ganibegovic	Mid-Prairie	52.79
2 Dylan Rickels	Anamosa	53.14
3 Tayshaun Mcgee	Iowa City Li	53.99
4 Evan Chandler	Iowa City Li	54.96
5 Kaleb Lamphier	Independence	55.31
6 Nolan Brand	Mt Vernon	55.54
7 Cade Haughenbury	North Linn	56.15
8 Blake Booth	Mt Vernon	56.80
9 Wyatt Bickford	Anamosa	57.32
10 Jasper Nietert	Monticello	57.34
11 Jack Baker	Mid-Prairie	57.60
12 Colby Ridgley	Central DeWi	57.85
13 Zach Hinkle	Central DeWi	58.10
14 Curtis Hartung	Easton Valle	58.69
15 Jaysen Moyer	North Linn	59.28
16 Blake Bartz	Independence	59.79
17 Nate Trenkamp	Easton Valle	1:00.30

18 Jayden Orcutt Monticello 1:02.67

Boys 800 Meter Run

Co-ed: 1:59.62 * 4/24/2018 Will DeHaan

Name	School	Finals
1 Kaleb Brand	Mt Vernon	2:04.69
2 Jackson Meeker	Mt Vernon	2:05.19
3 Zac McLean	Anamosa	2:05.44
4 Tyler Lambert	Iowa City Li	2:07.41
5 Ethan O'Donnell	Iowa City Li	2:11.37
6 Colton Borst	Anamosa	2:13.17
7 Jasper Nietert	Monticello	2:13.54
8 Brad Tornow	Mid-Prairie	2:15.42
9 Logan Williams	North Linn	2:15.77
10 Jacob Nonnemann	Mid-Prairie	2:17.71
11 Evan Gyorko	North Linn	2:18.99
12 Cameron Kriens	Independence	2:20.31
13 Jayden Orcutt	Monticello	2:29.94
14 Austin Franzen	Easton Valle	2:30.07
15 Austin Henschel	Central DeWi	2:37.73
16 Matt Tudor	Independence	2:41.96
17 Kyle Holmes	Central DeWi	2:50.13

Boys 1600 Meter Run

Co-ed: 4:34.75 * 4/24/2018 Aaron Loes

Name	School	Finals
1 Dylan Schmidt	Iowa City Li	4:50.06
2 Thaddeus Shelter	Mid-Prairie	4:51.55
3 Carter Kurt	Monticello	4:52.53
4 Christian Montover	Iowa City Li	4:53.64
5 Quinn Schmidt	Mid-Prairie	4:54.11
6 Tanner Naeve	Central DeWi	4:54.51
7 Mitchell Engelbart	Anamosa	4:55.14
8 Jack Ossenkop	Mt Vernon	4:58.31
9 Carter Donovan	Central DeWi	5:06.04
10 Jeremy Ferguson	Mt Vernon	5:06.36
11 Zach Chapman	Monticello	5:06.39
12 Curtis Schott	North Linn	5:06.51
13 Ben Moss	Anamosa	5:38.13
14 Jesse Gillingham	North Linn	5:42.18
15 Spenser Rothman	Independence	5:56.80
16 Evan Meyer	Easton Valle	6:31.34

Boys 3200 Meter Run

Co-ed: 10:02.97 * 4/25/2017 Will DeHaan

Name	School	Finals
1 Jack Kinzer	Iowa City Li	10:42.00
2 Peter Woodward	Iowa City Li	10:54.94
3 Carter Kurt	Monticello	11:08.99
4 Lucas Bontrager	Mid-Prairie	11:18.79
5 Jamison Stutzman	Mid-Prairie	11:19.57
6 Blake Gerard	Central DeWi	12:01.32
7 Alex Fencl	Mt Vernon	12:15.58

Anamosa CO-ED - 4/23/2019

**Anamosa High School
Results - Raider Co-ed**

Finals ... (Boys 3200 Meter Run)

Name	School	Finals
8 Ashton Hunt	Mt Vernon	12:16.17
9 Spenser Rothman	Independence	12:47.30
10 Robert Hansen	Independence	12:55.71
11 Nolan Westbay	Central DeWi	13:55.50

Boys 110 Meter Hurdles

Co-ed: 15.21 * 4/24/2018 Avery Martensen

Name	School	Finals
Finals		
1 Ryan Sartain	Iowa City Li	16.39
2 Austin Miller	North Linn	16.79
3 Cody Edson	Anamosa	16.94
4 Jackson Brus	Mt Vernon	17.09
5 Caden Unga	Monticello	17.12
6 Lane Krukow	Central DeWi	17.33
7 Ty Jesenovec	Monticello	17.49
8 Logan Griebal	Mt Vernon	17.53
9 Daqwan Sanders	Iowa City Li	18.05
10 Kremer Christian	Independence	18.19
11 Josh Bean	North Linn	18.22
12 Drew Kueter	Central DeWi	18.76
13 Kole Dietiker	Anamosa	20.02

Boys 400 Meter Hurdles

Co-ed: 56.55 * 4/24/2018 Peyton Miller

Name	School	Finals
Finals		
1 Drake Woody	Iowa City Li	55.61*
2 Avery Martensen	Monticello	56.51*
3 Miles Burrows	Mid-Prairie	59.28
4 Braydin Farrell	Easton Valle	1:01.21
5 Tristan Weers	Anamosa	1:02.16
6 Justin Schwatz	Mid-Prairie	1:02.18
7 Josh Bean	North Linn	1:03.61
8 Walker Marsh	Anamosa	1:03.76
9 Dejuan Smith	Iowa City Li	1:04.11
10 Jake Coon	Mt Vernon	1:04.63
11 Leo Appleton	Mt Vernon	1:05.09
12 Heath Moyer	North Linn	1:05.29
13 Christian Kremer	Independence	1:06.95
14 Ty Jesenovec	Monticello	1:08.33
15 Luke Schlimmer	Central DeWi	1:08.84
16 Tyler Herington	Central DeWi	1:08.96

Boys 4x100 Meter Relay

Co-ed: 43.83 * 4/25/2017 Central DeWitt

T Harris, B Ellison, C Ridgley, N Smith

Team	Relay	Finals
Finals		
1 Iowa City Liberty	A	45.64
2 Central DeWitt	A	45.68
3 Easton Valley	A	45.75
4 Mt Vernon	A	46.86
5 Iowa City Liberty	B	x47.21

6 North Linn	A	47.89
7 Monticello	A	48.17
8 Independence	A	48.60
9 Central DeWitt	B	x48.77
10 Anamosa	A	49.92
11 Mt Vernon	B	x50.00
12 Easton Valley	B	x50.32
13 North Linn	B	x51.01
14 Monticello	B	x51.04
15 Independence	B	x52.65
16 Mid-Prairie Wellman	B	x52.75

Boys 4x100.25 Meter Relay Throwers 4x1

Team	Relay	Finals
Finals		
1 North Linn	A	52.83
2 Central DeWitt	A	54.16
3 Mid-Prairie Wellman	A	54.53
4 Monticello	A	54.71
5 Anamosa	A	58.93
6 Iowa City Liberty	A	59.61

Boys 4x200 Meter Relay

Co-ed: 1:33.52 * 4/25/2017 Mt Vernon

C Snedden, J Weber, J Bootsmiller, T Elliott

Team	Relay	Finals
Finals		
1 Central DeWitt	A	1:35.29
2 Mt Vernon	A	1:35.46
3 Easton Valley	A	1:35.52
4 North Linn	A	1:36.21
5 Independence	A	1:36.38
6 Monticello	A	1:39.66
7 Mt Vernon	B	x1:40.31
8 Iowa City Liberty	A	1:41.20
9 Anamosa	A	1:43.69
10 Monticello	B	x1:45.83
11 North Linn	B	x1:46.89
12 Iowa City Liberty	B	x1:47.16
13 Mid-Prairie Wellman	B	x1:51.85
--- Central DeWitt	B	DQ
--- Mid-Prairie Wellman	A	DQ

Boys 4x400 Meter Relay

Co-ed: 3:26.93 * 4/25/2017 Mt Vernon

J Weber, Z Krogmann, J Krogmann, J Cochrane

Team	Relay	Finals
Finals		
1 Monticello	A	3:35.64
2 Mt Vernon	A	3:36.03
3 Central DeWitt	A	3:36.08
4 Anamosa	A	3:36.29
5 Independence	A	3:36.87
6 North Linn	A	3:40.34
7 Easton Valley	A	3:41.41
8 Central DeWitt	B	x3:42.78

Anamosa CO-ED - 4/23/2019

Anamosa High School
Results - Raider Co-ed

Finals ... (Boys 4x400 Meter Relay)

Team	Relay	Finals
9 Mid-Prairie Wellman	A	3:44.18
10 Iowa City Liberty	A	3:46.86
11 Independence	B	x3:47.92
12 Anamosa	B	x3:52.35
13 North Linn	B	x3:54.25
14 Mt Vernon	B	x3:55.03
15 Monticello	B	x3:57.41
16 Mid-Prairie Wellman	B	x3:59.65
17 Iowa City Liberty	B	x4:17.37

Boys 4x800 Meter Relay

Co-ed: 8:24.30 * 4/24/2018 Central DeWitt

J Townsley, N Mullin, C Ridgley, W DeHaan

Team	Relay	Finals
1 Anamosa	A	8:26.15
2 Mt Vernon	A	8:26.99
3 Central DeWitt	A	8:33.75
4 North Linn	A	8:38.90
5 Mid-Prairie Wellman	A	8:41.37
6 Iowa City Liberty	A	8:48.77
7 Mt Vernon	B	x9:13.33
8 Monticello	A	9:21.89
9 Mid-Prairie Wellman	B	x9:22.66
10 Iowa City Liberty	B	x9:22.73
11 Central DeWitt	B	x9:29.34
12 North Linn	B	x9:42.61
--- Anamosa	B	NT

Boys 800 Sprint Medley

Co-ed: 1:36.13 * 4/25/2017 Anamosa

A Cabrera, M Martensen, J Mclean, J Fish

Team	Relay	Finals
1 Iowa City Liberty	A	1:37.94
2 North Linn	A	1:38.14
3 Mt Vernon	A	1:39.41
4 Mid-Prairie Wellman	A	1:39.66
5 Monticello	A	1:40.83
6 Easton Valley	A	1:41.53
7 Independence	A	1:42.50
8 North Linn	B	x1:43.00
9 Anamosa	A	1:45.03
10 Mid-Prairie Wellman	B	x1:46.44
11 Monticello	B	x1:47.16
12 Mt Vernon	B	x1:47.69
13 Iowa City Liberty	B	x1:48.75
14 Anamosa	B	x1:48.86
15 Easton Valley	B	x1:49.21
16 Independence	B	x1:50.95
17 Central DeWitt	B	x1:51.42

Boys Distance Medley

Co-ed: 3:42.10 * 4/25/2017 Mt Vernon

C Snedden, T Elliott, J Cochrane, N Leopold

Team	Relay	Finals
1 Monticello	A	3:45.77
2 Mid-Prairie Wellman	A	3:46.52
3 Mt Vernon	A	3:47.07
4 Central DeWitt	A	3:50.16
5 North Linn	A	3:52.09
6 Easton Valley	A	3:56.73
7 Anamosa	A	3:57.55
8 Iowa City Liberty	A	3:58.75
9 Independence	A	3:59.10

Boys 4x110 Meter Shuttle Hurdle

Co-ed: 1:02.10 * 4/25/2017 Mt Vernon

B Schumacher, J Brus, Z Vislisel, J Weber

Team	Relay	Finals
1 Central DeWitt	A	1:04.74
2 Mt Vernon	A	1:08.15
3 Iowa City Liberty	A	1:09.60
4 North Linn	A	1:10.48
5 Anamosa	A	1:11.35
6 Easton Valley	A	1:11.38
7 Monticello	A	1:12.77
8 Mid-Prairie Wellman	A	1:16.37
9 Iowa City Liberty	B	x1:21.38

Boys High Jump

Co-ed: 6-01 * 4/24/2018 Colton Borst

Name	School	Finals
1 Colton Borst	Anamosa	5-10.00
2 Darius Newell	Iowa City Li	5-08.00
2 Trevor Weber	Mt Vernon	5-08.00
4 Caden Ungs	Monticello	J5-08.00
5 Blake Bartz	Independence	5-06.00
6 Curtis Hartung	Easton Valle	5-04.00
--- Greg Mitchell	Iowa City Li	NH

Boys Long Jump

Co-ed: 19-08.25 * 4/24/2018 Cyrus Butters

Name	School	Finals
1 Kaiden Muhl	Central DeWi	19-06.25
2 Kolton Murphy	Easton Valle	18-10.25
3 Austin Miller	North Linn	17-07.25
4 Jacob Adam	Iowa City Li	17-05.25
5 Caleb Sauser	Monticello	17-02.25
6 Daqwan Sanders	Iowa City Li	16-11.00
7 Jake Coon	Mt Vernon	16-04.50
8 Adam Schmitt	Monticello	15-04.00
9 Garrett Hormann	Mt Vernon	15-02.25

Anamosa CO-ED - 4/23/2019

Anamosa High School
Results - Raider Co-ed

Finals ... (Boys Long Jump)

Name	School	Finals
10 Jesse Gillingham	North Linn	15-00.00
11 Caden Ridgley	Central DeWi	14-11.00
12 Issac Boucher	Mid-Prairie	14-09.50
13 Evan Christof	Easton Valle	14-07.50
14 Matt Tudor	Independence	14-06.25

Boys Shot Put

Co-ed: 63-05 * 4/25/2017 Tristan Wirfs

Name	School	Finals
Finals		
1 Cooper Becthold	Mt Vernon	52-03.00
2 Matt Vislisel	Mt Vernon	49-08.00
3 Jeff Grau	Central DeWi	48-03.00
4 Lake Stahlberg	Monticello	47-11.00
5 Micah Gugel	Mid-Prairie	46-10.00
6 Shawn Buhr	Anamosa	45-09.00
7 Jack Baker	Mid-Prairie	43-03.00
8 Logan House	Easton Valle	41-07.50
9 Parker Stoner	Independence	41-04.00
10 Sam Nicklaus	Iowa City Li	41-00.00
11 Cole Miller	Central DeWi	40-07.00
12 Dylan Bellach	North Linn	40-05.50
13 Chandler Seeley	Anamosa	39-10.00
14 Brayden Cleeton	Monticello	39-09.50
15 Harrison Voigt	Iowa City Li	39-08.00
16 Jake Sidles	Independence	38-03.00
17 Joe Beuter	North Linn	33-08.00
18 Hayden Bormann	Easton Valle	31-09.00

Boys Discus Throw

Co-ed: 175-05 * 4/25/2017 Tristan Wirfs

Name	School	Finals
Finals		
1 Matt Vislisel	Mt Vernon	170-01
2 Cooper Becthold	Mt Vernon	137-10.50
3 Wade Picray	Monticello	137-06
4 Micah Gugel	Mid-Prairie	127-11
5 Nolan McLean	Anamosa	127-08.25
6 Jake Sidles	Independence	125-03
7 Garrett Sailor	Central DeWi	124-02
8 Shawn Buhr	Anamosa	122-07.25
9 Luke Weber	Monticello	121-02.50
10 Logan House	Easton Valle	120-03
11 Nathan Rechkemmer	North Linn	116-09.50
12 Jack Baker	Mid-Prairie	116-06
13 Dylan Bellach	North Linn	115-07.25
14 Tyson Belk	Central DeWi	105-00
15 Kremer Christian	Independence	104-11
16 Henry Lucy	Iowa City Li	103-11.50
17 Damion Wilson	Iowa City Li	103-05.50
18 Hayden Bormann	Easton Valle	74-11

Women - Team Rankings - 19 Events Scored

1) Mt Vernon	134
2) Anamosa	125.5
3) North Cedar	80
4) Independence	69
5) North Linn	65
6) Monticello	57
7) Maquoketa Valley	47.5
8) Easton Valley	44
9) West Delaware	35
10) West Liberty	31
11) Starmont	28
12) Midland	22

Men - Team Rankings - 19 Events Scored

1) Iowa City Liberty	139.5
2) Mt Vernon	129
3) Monticello	83
4) Mid-Prairie Wellman	81
5) Anamosa	79.5
6) Central DeWitt	72
7) North Linn	52
8) Independence	51
9) Easton Valley	50